get complete pdf at learnexams.com

Exam 3: Mental Health (New 2023/ 2024 Update) Complete Guide with Questions and Verified Answers| 100% Correct- Galen

QUESTION
Mania

Answer:
- Intense mood disturbance with persistent elevation, expansiveness, irritability, and extreme goal-directed activity or energy
- Last at least 1 week for mosts of the day every day

QUESTION
Manic Episode Symptoms

Answer:
DIGFAST:
- Distractable
- Irritability
- Grandiosity
- Flight of ideas
- Activity increased
- Sleep decreased
- Talkative

learnexams

QUESTION
Bipolar II Disorder Criteria

Answer:
At least 1 hypomanic (for 4 days) and at least 1 major depressive (for 2 weeks) episode

QUESTION

LEARNEXAMS.COM

get complete pdf at learnexams.com

Hypomania

Answer:
- Less dramatic mania
- Euphoric & increases functioning
- Excessive activity lasts at least 4 days and involves at least 3 behaviors
- May be suicide risk

QUESTION
Cyclothymic disorder

Answer:
- Symptoms of hypomania alternate with symptoms depression for at least 2 years in adults and 1 year in children.
- Do not meet the criteria for either bipolar II or major depression
- Cause social & occupational impairment

QUESTION
Assessment guidelines for bipolar disorder

learnexams

Answer:
1.Assess whether the pt is a danger to self or others
2.Assess the need for protection
3.Assess the need for hospitalization to safeguard and stabilize the pt
4.Assess medical status

QUESTION
Lithium

Answer:
- Acute mania & maintenance
- Onset within 10-21 days

QUESTION
Lithium is effective in reducing

LEARNEXAMS.COM

get complete pdf at learnexams.com

Answer:
Mania

QUESTION
Expected side effects of lithium

Answer:
- Fine hand tremor
- Polyuria & polydipsia
- Nausea/Diarrhea

QUESTION
Early signs of lithium toxicity (1.5 - 2.0 mEq/L)

Answer:
- GI upset
- Course hand tremors
- Confusion
- Muscle spasms
- EEG changes
- Sedation
- Incoordination

learnexams

QUESTION
Advanced signs of lithium toxicity (2.0 - 2.5 mEq/L)

Answer:
- Ataxia
-Giddiness
-Serious EEG changes
-Blurred vision
-Clonic movements
-Large output of diluted urine
-Seizures
-Stupor
-Severe hypotension

LEARNEXAMS.COM